

# Attention Teens! Register for the Summer 2019 Youth Community Food/Garden Projects!

Are you a teen who would like to make a difference in your community, learn about sustainable gardening, and gain leadership, culinary & teamwork skills?



#### **Benefits:**

- All participants are who complete 25 hours of service\* will receive a certificate of service and agriculture.
- Learn about food, nature and our earth
- Meet new friends and have fun!
- Gain leadership skills and service hours\*
- Enjoy a productive summer outdoors
- Participate in 4-H county, state and national events .

#### **Qualifications:**

Recruiting all youth 12 thru 18 years old

Must be willing to commit 25+ hours of community service at garden sites in Montclair, Jersey City, Kearny and/or Newark from June-October (1-2 days /week)

Must be willing to work in soil, get dirty, learn about gardening, and have fun in all types of weather!





For schedules and registration materials visit our website



http://essex.njaes.rutgers.edu/4h/

The 4-H community garden programs are in partnership with Montclair Community Farms, the East Orange Public Library, the Rutgers Master Gardeners of Essex County, and the Historic Jersey City & Harsimus Cemetery.



#### 4-H Youth Farm Club 2019



## Please check the site/s you would like to take part in. We will meet each week throughout July and August.

- East Orange Library
  - (21 S Arlington Ave, East Orange)
  - Thursdays 3:30-5:00
  - Grow more than just veggies at the library with hands-on food tastings and other fun garden-related activities.
- Montclair Community Farms
  - (108 Orange Rd, Montclair)
  - Fridays 10-12
  - Learn all aspects of veggie farming and chicken care plus support the Mobile Farm Stand with weekly trips to Senior Centers in the area.
- The Children's Garden @ Branch Brook Park
  - (Cherry Blossom Center, Branch Brook Park, Newark)
  - Mondays 4:00-5:00
  - Youth and families learn to grow this 6-bed garden using herbs, flowers, strawberries and lots of vegetables. Plus participate in healthy living and foodrelated workshops. Additional dates TBA so stay tuned!
- The Historic Jersey City & Harsimus Cemetery
  - (435 Newark Avenue, Jersey City)
  - Wednesday, 4:00-6:00
  - Maintain and restore the historic gardens at the Harsimus Cemetery amidst a resident flock of friendly goats.

or you can sign up by creating a profile on <a href="www.4honline.com">www.4honline.com</a> and selecting the site you would like to join. Once your registration is received you will be emailed a confirmation from the 4-H office. Please be sure to check your email as you will receive additional info about signing up for field trips!	
Youth Name:	Youth Cell:
1 0	Youth Email: agree to support my child's participation in the 4-H program behavior set forth by the 4-H Youth Development Department.
Parent/Guardian Name:	Parent Email:
Parent/Guardian Signature:	Parent/Guardian Cell:

Completed forms can be sent to: 162 Washington Street, Newark, NJ 07102 or essex4h@njaes.rutgers.edu





### Please initial all statements that you agree to:

	I understand the primary objectives of this program are to have fun and learn about plants, agriculture, and our food, through a direct connection to our local natural environment. I will be working with a team of youth and adult leaders and will bring positive energy and enthusiasm to the team!
	I understand I can earn hours by helping at other youth farm sites than the ones I select, participating in the Essex County Fair on September 22 <sup>nd</sup> , giving a presentation at my community site, or working with my site leader to complete an individual project that will contribute to the program efforts,
•	I understand all hours served will count towards school or Scout required community service hours.
	I will try to complete 25+ hours of service by participating in weekly meetings and working at my selected sites/s from June 25 <sup>th</sup> -October 30 <sup>th</sup> .
•	I have the opportunity to volunteer at events prior to the start of the summer and during September and October and additional community garden sites to help achieve these hours if need
	I agree to text, call or email the site leader(s) if I will not make my committed schedule.
•	I will do my best to attend all scheduled meeting dates and lessons in rain or shine
	I will work hard and will try my best to meet new people and learn new things.
•	I understand I will only receive a certificate of completion after 25 hours of service are complete.
	I understand I will have the opportunity to showcase my work at the annual 4-H Fall Fair.
	All youth member will be signed up for a 2019 New Jersey Farm Bureau membership. If you do not wish to be signed up, please check on the line here.